



FIRST FOOD COMPANY

DALLAS, TEXAS

WHIP TOPPING (High Yield)

Nutrition Facts

Serving Size 1 tsp (makes about 2 Tbsp) (3.0g)
Servings Per Container 160

Amount Per Serving		
Calories 15	Calories from Fat 5	
	% Daily Value*	
Total Fat 0.5g	1%	
Saturated Fat 0.5g	3%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 10mg	0%	
Total Carbohydrate 2g	1%	
Dietary Fiber 0g	0%	
Sugars 1g		
Protein 0g		
Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

Net Wt. 24/1 lb